

Health and Physical Education Department



Implementing this curriculum is the shared responsibility of parents, school, and community.

**We know that parents and families provide the most important
Family Life education for their children.**

This curriculum is based upon our basic human values: truth, equality, honesty, dignity, self-respect, responsibility, and respect for others. It is intended to be inclusive of all families in the community.

Grade K. [September]. Relationships – Ground Rules

Grade K. [September]. Lesson 1 – RELATIONSHIPS - Feeling

Grade K. [November]. Lesson 2 – ABOUT MYSELF – This is My Space

Grade K. [January]. Lesson 3 – KEEPING HEALTHY – Discovering Our Senses

Grade K. [March]. Lesson 4 – GROWING AND CHANGING – Girls and Boys

Grade K. [May]. Lesson 5 – RELATIONSHIPS – All Kinds of Families